

Starching Know – Hows



- Benefits:**
1. Revives body – adds crispness.
 2. Adds soil resistance.
 3. Makes ironing easier.
 4. Adds a luster.

Starch vs. Sizing: Use Sizing for synthetic blends and cotton knits to restore a little body without the stiffness that starch would give. Use a lower ironing temperature.

Always apply spray starch to the right side of fabric. Iron immediately.

Spraying creases with starch will make them last longer.

Apply spray starch on dark colors to wrong side, then press on the wrong side.

Use a slightly lower temperature when using starch to avoid scorching.

Starch will dampen, so you may not need to have item as damp if planning to use starch.

Avoid storing items that have been starched to prevent damage from mildew, moths, or silverfish.

Napkins – Starch essential for folding in a shape. Gives a formal look as well.

Elegant hand towels look more appealing with a crisp starching.

Curtains which are starched have a more appealing shape.



Here is a suggestion for efficiently and cost-effectively starching blouses, shirts, flatwork, and other items including jeans.

1. Launder (but do not dry) white cotton blouses and shirts with your white doilies, dresser scarves, table runners, napkins, etc.
2. In a clean sink or plastic dishpan, make a solution of one part liquid starch to five parts lukewarm water. The plastic disposable drinking cups work well for measuring and can just be tossed when finished. By all means experiment with this ratio. Some prefer more stiffness than others.

3. Fan fold shirts into the solution. Press down to immerse all under water level and relieve any air pockets.
4. Wait a few minutes and gently turn grouping over and again press down to immerse. After a few more minutes of soaking, gently squeeze out excess water back into the pan or sink. Lay items on a double folded terry bath towel.
5. Add more starch (4:1 ratio) to solution and immerse flatwork items. Repeat steps three and four above.
6. Now add blue jeans or dark colored items to solution. Adjust for more or less starch by simply adding either water or starch. Repeat steps three and four above.
7. Transfer like items to the washing machine and set it for the last spin cycle. DO NOT RINSE.
8. Dry on permanent press cycle with lowest heat setting. Check after five minutes. Remove from dryer when items are slightly damp.
9. Iron immediately. If unable to iron the same day, roll items up and place in a plastic bag. Store in refrigerator to guard against mildew. You can place in freezer if you cannot iron for several days. Be sure to handle frozen garments carefully. Avoid bending or it will damage fibers. Allow to rest at room temperature thoroughly before disturbing.

You will find that items that are cool and damp iron more easily!

